



## **A Tool to Boost Social and Emotional Well-being for Adolescent Boys**

**The Likes of You{th} Kit** is a set of 12 Picture Cards, 24 Questions Cards and a **User Manual** written by Child Psychologist, Kimberley O'Brien. **The LoY Kit** has been developed to help boys (10-16 years) through the often turbulent transition to young adulthood. With an emphasis on self awareness and coping strategies, **The Likes of You{th} Kit** empowers young boys to improve their social and emotional well-being through collaborative activities and discussion. It gives us great pleasure to unveil our most recent youth-friendly resource.



# THE LIKES OF YOU {TH}

AUTHORITY AND REBELLION  
MOTIVATION AND DEPRESSION  
CONFIDENCE AND PARTICIPATION  
FREEDOM AND ESCAPE  
STUDY STRESS AND CONFLICT  
GIRLS, RUMOURS AND SEXUALITY  
SCREEN ADDICTION AND BOREDOM  
COMPANIONSHIP AND LOYALTY  
INDEPENDENCE AND IDENTITY  
PARENTS AND RESPONSIBILITY  
SELF ESTEEM AND STYLE  
GANGS AND AGGRESSION



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